

## Past simple - use

## Past finished actions or states

We can use the past simple to talk about past finished actions or states. We know and we often mention when these actions happened with a past time expression: yesterday, yesterday morning, last night, last week, two days ago, five years ago, etc.

- Jessica called me last night.
- Rachel was a very good writer.

## Past repeated actions

We can use the past simple to talk about habits or repeated actions that happened in the past but don't happen in the present. We often use adverbs or expressions of frequency (often, always, every day, etc.).

- When I was a child, I ate sweets every day.
- In school, I always played football during break time.

## Reference:

Test-English (s.f.). Past simple regular. Retrieved from: https://test-english.com/explanation/a1/past-simple-regular-irregular/