

The verb to be is the most important verb in the English language. It involves identity, expresses something about a person, thing, a state (it gives age, condition, date, position, price, size, time, weight) or refers to temporary and permanent states. "Be" is the only English verb that has three conjugations in the simple present (am, is & are).

In the simple present tense, to be is conjugated as follows:

Affirmative forms of the verb to be

Subject	To be	Contraction
1	am	l'm
You	are	You' re
He / She / It	is	He 's / She 's / It 's
We	are	We' re
They	are	They' re
You	are	You' re



Negative forms of the verb to be

Subject	To be	Contraction 1	Contraction 2
1	am not	I'm not	-
You	are not	You' re not	You aren't
He	is not	He' s not	He isn't
She	is not	She's not	She isn't
It	is not	It's not	It isn't
We	are not	We're not	We aren't
They	are not	They're not	They aren't
You	are not	You're not	You aren't

Reference:

Juicy English (2019). The simple present of the verb to be.

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