

DID YOU KNOW?

Volunteering is when someone spends unpaid time doing something to benefit others.

Helping your close friends or relatives isn't volunteering. But doing something to benefit the environment (and through that, other people) is.

Volunteering can be formal and organized by organizations, or informal within communities. It should always be a free choice made by the person giving up their time.

Volunteering is well established in the UK. Most charities and voluntary organizations involve volunteers in some way.

Some of the things volunteers do include:

- Raising funds
- Being a trustee (a voluntary role with legal responsibility for a charity)
- Supporting or running events
- Campaigning
- Giving tours



Reference:

NCVO (2021). What is volunteering?

Retrieved from: <https://www.ncvo.org.uk/help-and-guidance/involving-volunteers/understanding-volunteering/what-is-volunteering/>