

EXTRACURRICULAR ACTIVITIES

For any teacher, the importance of extracurriculars for high school students is probably already well-known.

For any student looking to get into a good college, land that dream job, or get ahead in life, extracurricular activities appear to be the solution. But what are extracurriculars (list & examples included), and what makes them vitally important for high school?

It's all in the name. Extracurricular refers to acts done outside of the curriculum that is beneficial to a child's education. Extracurricular activities are, simply put, activities you do outside of class. Younger students are often referred to as clubs, practices, or organized hobbies. But once students reach high school age, these activities have a special purpose. For high-flying or ambitious teenagers, these additional outside-of-school activities become integral to getting into the schools they want to.

Examples of the 'types of extracurricular activity that high schoolers might consider include:

- Sporting activities, such as taking part in a school football, tennis, hockey, or any other kind of team, or even supporting a team through spirit and cheerleading
- Community-based service roles, such as volunteer work that's either carried out locally or on a more global scale - whether through an organized group or otherwise
- Formal employment, either through an internship or a paying role
- Personal hobbies, such as hiking, film club, cosplay, blogging, artistic subjects, or anything else that doesn't fall under academic-style extracurriculars
- Academic undertakings such as chess, math or science clubs, journalism, or class leadership positions

REFERENCE:

Classful (2018). What are Extracurricular Activities?. Recuperado de: <https://classful.com/what-are-extracurricular-activities-list-examples-included/>

