Past Progressive, Spelling of Verbs With - ing

- The past progressive tense is used to talk about actions that were happening at a specific time in the past.
- Indicates continuing action, something that was happening, going on, at some point in the past.
- The past progressive indicates a limited duration of time and is thus a convenient way to indicate that something took place (in the simple past) while something else was happening
- The past progressive can express incomplete action.

TO BE (past tense) +present participle of the verb (with ing- ending)

Examples:

Subject	Past of verb To Be	Verb with "- ing	Complement
I	was	doing	my homework at 4:00 p.m.
Sara and Diana	were	playing	Soccer yesterday.

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There are some rules to add the -ing to the verbs:

Verb ending in:	Add:	Examples:		
Consonant + vowel +	Doubled the final	Begin - Begin n ing		
consonant	consonant	Stop - Stop p ing		
(with stressed syllable)				
Consonant + e	Remove the -e	Danc e - dancing		
-ie	Change the - ie to - y	D ie – d y ing		
		L ie – l y ing		