

## **Fun Fact**

Clutter stimulates creative thinking and the generation of new ideas.

Working or studying at a clean and tidy table encourages us to eat healthy, makes us more generous and charitable, and also pushes us to behave in a more conventional way. But a messy table also offers interesting advantages, as it stimulates creative thinking and the generation of new ideas.

This is the conclusion reached by Kathleen Vohs and her colleagues at the University of Minnesota (USA). As stated in an article published in the latest issue of the journal Psychological Science, their studies on how external order and disorder affect behavior could be extrapolated to other settings, including our car, the place where we work, the bedroom or even the public spaces of a city.