

Concept

Occupational competence involves participating in a range of occupations to meet the standards expected of one's valued roles, so as to sustain a pattern of occupational behavior that is productive and satisfying.

Put simply it means having up to date knowledge and skills in your subject area. There are two main ways to prove Occupational Competence – experience and qualifications.

1. Work Experience

This is as simple as it sounds. Any experience you have working within a sector counts towards work experience.

Whether this is a couple of years or twenty years, it can prove Occupational Competence within that area. So for example, if you have been working in a management role for the past 20 years, but never actually completed any formal qualifications within that time, you will still have occupational competence. Two years of experience is the minimum amount that we would count as occupational competence.

2. Qualifications

Getting a recognized qualification in your subject is what most people think of when considering what it means to be competent at something – an official certificate hanging on the wall. An accredited qualification in your subject really helps to show you know what you're doing and this has been confirmed independently. However, remember it's not the only way to demonstrate your abilities.

REFERENCE:

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