## **Occupational Analysis**

Occupational analysis refers to the tools and methods used to describe and label work, positions, jobs, and occupations. Among the products of occupational analysis is an occupational category system, or an occupational structure.

Occupational Analysis places the person in the foreground by taking into account the particular person's life experiences, values, interests, goals.

Occupational Analysis may be focused:

- On a particular task such as using a keyboard on the computer or brushing one's teeth, or...
- On a broader scope of how individuals orchestrate numerous aspects of occupational performance into daily life, such as being an effective worker

STRENGTHS	LIMITATIONS		
Dialogue and Observation (preferences and Performance)	Difficult to reproduce / re- assessment		
Theory Driven	Authenticity in unfamiliar environment		
Client-Centred	Subjectivity		
Occupation-based (top down)	Occupation-based (top down)		
Efficient	No Instructions about intervening during assessment		

## **Occupational Analysis**

Cost/Resources	Limited completio	-	for
Limited Training			
Transferable			
Contextualized Environment			
Broad view of Barriers			

## **REFERENCE:**

1999 NATIONAL RESEARCH COUNCIL.

The Changing Nature of Work

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(N.D.) Occupational Analysis and Activity Analysis

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(2019) Griffith OT You Tube

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