

# Life and Career Plan

**Life Plan:** It is a guide that allows you to organize all the purposes of your personal life, so that it is easier to make appropriate decisions to achieve these goals, which can be found within the work, family, social and personal development areas.

The life plan must be updated in the short term, that is, as the goals that were proposed at the beginning are achieved or not. In this way you can correct certain steps or propose new alternatives to achieve the objectives in the established period of time.

**Career Plan:** It refers to an approach related to the workplace that will help you visualize and order your career goals to meet them in the most effective way possible, in a given period of time. In the professional career plan, it is important to determine your **skills, level of knowledge and the areas of opportunity** offered by the company where you want to carry out this plan, in order to continue advancing in your professional life.

Having a life and career roadmap gives you a great advantage when making important decisions, as it guides you to get as close as possible to your goals.

## Steps for developing a life and career plan

### 1) Reflect on your current situation

Analyze your strengths and weaknesses, but without making a judgment, but to explore and understand what opportunities suit you to be successful. In this way you can make a more refined list of opportunities or job offers that best suit your current situation.

### 2) Set your main goals

It is important to establish what are the most important goals that you want to achieve in the long term.

### 3) Establish the steps to follow

In this step you must draw a scheme with a logical sequence of decisions to make to achieve your goals. At the end, there are many ways to follow to achieve your goals, but each one will depend on your lifestyle and comfort zone for the moment.

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Remember that the idea of life and career planning is to take control of your own destiny based on an objective plan.

#### 4) Run periodic evaluations

From time to time you have to review the aspirations or goals to determine if you are close to fulfilling them or not

To have better comprehension of the topic, watch the next video

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#### Reference:

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