

# SAY THEY SOMETHING IS TRUE AND NOT TRUE

In conversations, we often need to say if something is true or not true, especially when someone asks us a question, or when we want to confirm or correct information. For example, someone might ask you: “Are you from Mexico?” and you can say “Yes, I am” or “No, I’m not.”

Being able to say yes or no in the correct way is very important when using English. It helps you be clear, polite, and confident.

## How to Say Something Is True

When something is true, we usually start with yes, then use the correct verb:

- Yes, I am.
- Yes, she is.
- Yes, we are.

We don’t repeat the full sentence every time. We keep it short and simple.

For example:

- Are you a student?
- Yes, I am.
  
- Is he from Brazil?
- Yes, he is.

## How to Say Something Is Not True

If something is not true, we start with no and use a negative form of the verb:

- No, I’m not.
- No, he isn’t.
- No, they aren’t.

This way, the answer is clear and polite.

For example:

- Are you American?
- No, I'm not. I'm Mexican.
  
- Is she 20 years old?
- No, she isn't. She's 22.

You can also use “It's true” or “It's not true” to talk about facts or correct mistakes.

### Common Expressions

- That's true.
- That's not true.
- Yes, it is.
- No, it isn't.
- You're right.
- You're wrong.

These phrases help in everyday conversation, especially when agreeing or correcting someone kindly.

### Reference:

*Editorial from Active English Teacher. (2025) Affirmative and Negative sentences. Active English Teacher.*

*Recovered from: <https://englishactiveteacher.com/affirmative-and-negative-sentences/>*